

RURAL TOURISM ASSESSMENT

ST. HELEN COMMUNITY DATA REPORT

Prepared By the MSU Extension RTA Team: Andy Northrop, Will Cronin, and Garrett Ziegler





Michigan State University Extension Rural Tourism Assessment

Phase 1: Planning and Asset Identification Workshop

Phase I serves as the foundational stage of the Rural Tourism Assessment (RTA) process. During this initial phase, held in workshop format facilitated by Michigan State University Extension, stakeholders identify assets and key metrics central to their tourism economy. Identified assets are prioritized by stakeholders which serve to support subsequent Phases. Additional steps are taken to generate specific questions stakeholders would like answered from First Impressions Tourism (FIT) assessment(s) conducted during and central to Phase 2.

Phase 2: (Data Collection and Analysis)

Phase 2 centers on gathering data generated through surveys and site visits using MSU Extensions FIT program. FIT provides valuable insights into the tourism experience from both first-time visitors and community perspectives generated in Phase 1. The collected data is then thoroughly analyzed to identify strengths, weaknesses, and opportunities related to rural tourism development in participating communities. Presentations are then generated for the purpose of sharing with community stakeholders offered a community forum setting as part of Phase 3.

Phase 3: Results Dissemination and Community Engagement

Approximately six months after completing Phase 2, Phase 3 commences. Results obtained from Phases 1 and 2 are merged and shared with stakeholders participating in the Rural Tourism Assessment. This phase also provides an opportunity for residents and community members to engage in discussions and provide feedback on the first-time visitor perspective, findings, fostering collaboration and shared decision-making.

Phase 4: Implementation Strategy Development and Visioning (Optional)

Although optional, Phase 4 consists of facilitated discussions with stakeholders around next steps and implementation strategies for communities participating in the entire Rural Tourism Assessment process. These discussions heavily focus on insights gathered directly from FIT assessments conducted during Phase 2 and shared during Phase 3. Tourism development models are applied, where and when necessary, to help guide discussions. Tailored strategies are developed to enhance the tourism experience based on visitor feedback and community priorities.

Rural Tourism Assessment – Roscommon County Summary

The <u>Roscommon County Economic Development Corporation</u> and <u>Michigan State</u> <u>University Extension</u> (MSUE) established a partnership in early 2023 to strengthen rural tourism across the county and three communities by capitalizing on stakeholder knowledge, input, and first-time visitor perspectives to the area.

- Following MSUE's Rural Tourism Assessment format, Roscommon County along with Prudenville/Houghton Lake, St. Helen, and Village of Roscommon participated in the multi-phase effort.
- Phase 1 was conducted April 2023.
- Phase 2 was conducted September October 2023.
- Phase 3 was completed May 2024.
- At the time of drafting this summary, Phase 4 is being planned for Fall 2024.

As part of RTA, Phase 2 consists of a comprehensive FIT assessment in and with participating partners. In this effort, Roscommon County and the three identified communities received five first-time visitors at separate times between September and October 2023.

All five visitors spent three nights, four days visiting various stakeholder identified tourism assets from Phase 1, as well as a wide range of self-identified tourism assets while on site. A total of 15 nights were spent in the county: eight nights in hotels, four nights in motels, two nights camping, and one night in a bed & breakfast.

Visitor Profiles:

- 1 Female from Generation X visited with her spouse between Friday-Monday.
- 1 Male from Generation X visited alone between Tues-Friday.
- 3 Males from Millennial Generation visited alone between Thurs-Sunday.
- All visitors are married residents of either Upper or Lower Peninsula, MI, and are employees of Michigan State iUniversity Extension with various expertise.

Visitor Diverse Personal Interests:

Artists, (Mountain) Bike Rider(s), Birder(s), Camper(s), Foodie, Hiker(s), Paddler(s),
 Nature and Outdoor Enthusiast(s), Trail Enthusiast(s), Water Lover, Trip Planners, and
 Avid/World Travelers.

Introduction to First Impression Tourism Assessments (FIT)

The First Impressions (FI) program was developed in 1991 by the University of Wisconsin Extension to help communities learn about their existing strengths and weaknesses as seen through the eyes of first-time visitors. The FI program has been used to help communities across the U.S. and Canada inform economic initiatives or further develop community goals and has been modified over the years by various Extension services based on different needs. Michigan State University (MSU) Extension adapted this program via a multi-state grant provided by the Northeast Regional Center for Rural Development in 2014. MSU Extension's First Impressions Tourism Assessments (FIT) is a unique version of FI for our state and, since inception in 2016,

What is FIT?

FIT is a comprehensive community assessment conducted by unannounced visitors in a host community. FIT involves developing leaders, assessing the host community, sharing results in forum open to all, and providing suggestions to advance community-driven tourism. Overall, FIT helps participating communities learn about their strengths and weaknesses through the eyes of first-time visitors. Since inception, FIT has empowered leaders and stakeholders to develop action plans to improve their communities based on new perspectives and suggestions from first-time visitors. These action plans are proven to be the catalysts needed to launch and expand small town tourism development across Michigan. For more information on FIT, please visit – https://www.canr.msu.edu/tourism_first_impressions/index

Additional FIT Resources

Please visit the FIT Resources Below to learn more about the program

FIT - How it Works

FIT - Frequently Asked Questions

FIT - Building a Community Leadership Team for FIT

A Summary of Community Actions and Success from FIT – <u>Downloadable Report</u>



Summary of MSU Extension tourism development programs

The following programs are available statewide to guide decision making around tourism development and implementation.

Understanding Tourism for Michigan Communities (UTMC)

This interactive workshop highlights tourism industry statistics and exposes communities to trends and travelers' interests, as well as a number of niche tourism markets. UTMC is specifically designed to promote regional synergies, leadership, and tourism product development. https://www.canr.msu.edu/tourism/programs/understanding-tourism-for-michigan-communities

Planning for Tourism-Preventing Destination Decline

This workshop walks communities through a planning process and uses life-cycle models to explore where communities may be in establishing themselves as tourism destinations. Additional tools will be employed to determine their readiness, identify next steps for action and explore engagement strategies for coalition building within the community. https://www.canr.msu.edu/tourism/programs/planning-for-tourism

First Impressions Tourism (FIT) Assessments

FIT is a comprehensive community assessment conducted by unannounced visitors in a host community positioned to lead development based on the program results. FIT involves developing community leadership, assessing the host community, sharing the results in a community forum open to all, and providing suggestions to drive community action. Overall, FIT helps communities learn about their strengths and weaknesses through the eyes of first time visitors.

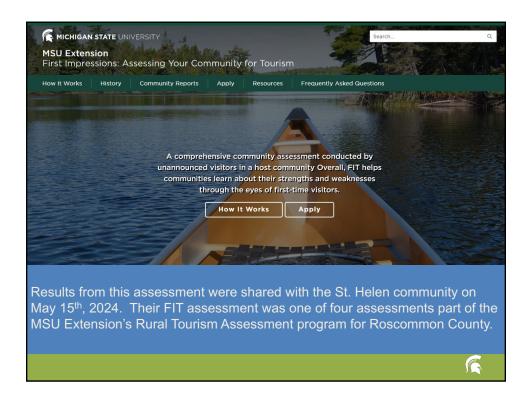
https://www.canr.msu.edu/tourism_first_impressions/index

Custom Tourism Programs

MSU Extension tourism educators are equipped to meet the diverse needs and interests of Michigan communities. Specialized programs are available to communities with a specific interest in agri-tourism, ecotourism and/or cultural/heritage tourism. Learn more

Learn more about MSU Extension tourism programs by visiting: https://www.canr.msu.edu/tourism/





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MSU Extension's Mission

Helping people to improve their lives through an educational process that applies knowledge to critical issues, needs and opportunities.

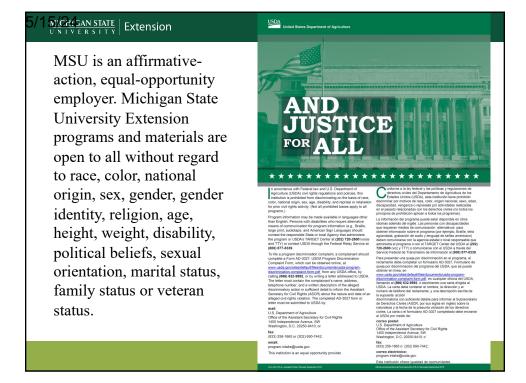








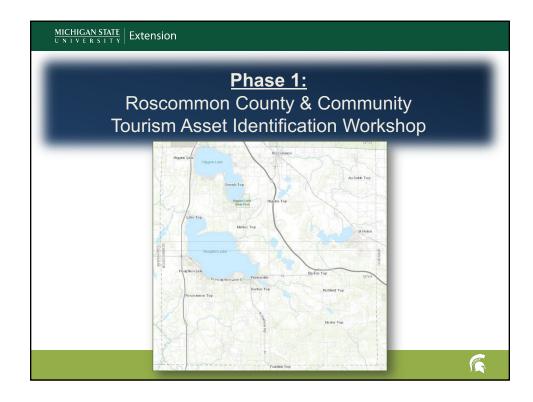




Rural Tourism Assessment

- Phase 1 Q2-2023
 - Tourism Asset ID Workshop / April 12, 2023
- Phase 2 Q3-Q4 2023
 - FIT Assessment
 - · Roscommon County,
 - Prudenville/Houghton, St. Helen, and Village of Roscommon
 - Aggregating results and reports
- Phase 3 Q1-Q2 2024
 - Roscommon County Forum May 1st
 - Prudenville/Houghton, <u>St Helen</u>, and Village of Roscommon





Phase 1:
Tourism Asset Identification Workshop

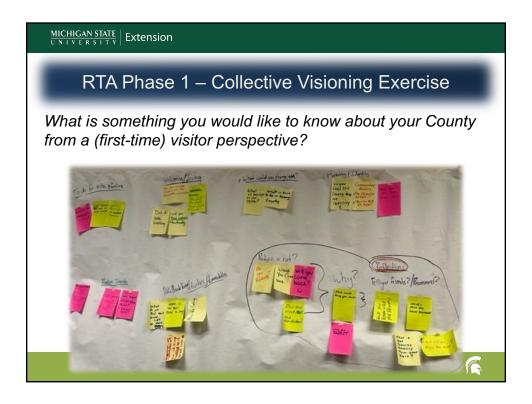
Phase 1 Objectives:

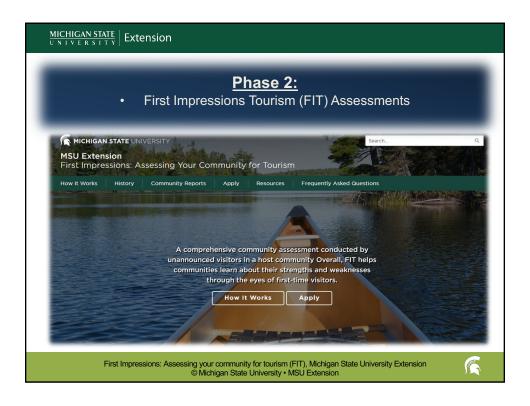
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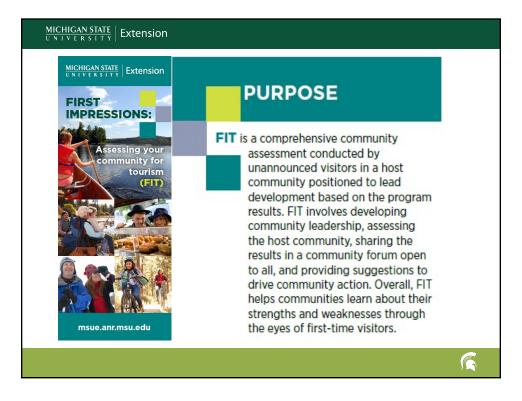
- Bring stakeholders across county/communities into a collective asset identification process
- To provide leaders/stakeholders the opportunity to pre-select and prioritize their tourism assets
- To collect additional stakeholder input for the purpose of generating county visioning questions for First Impressions Tourism (FIT) assessment



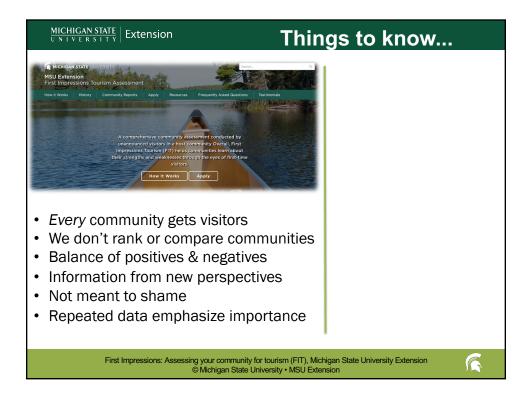




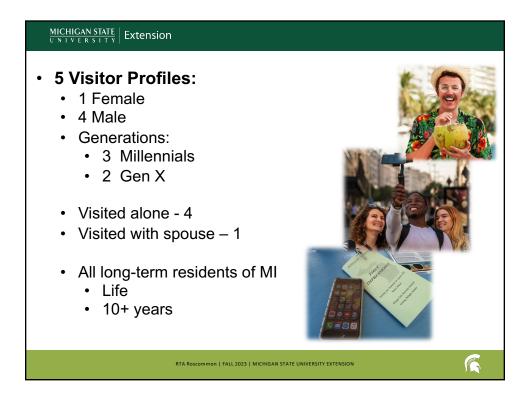


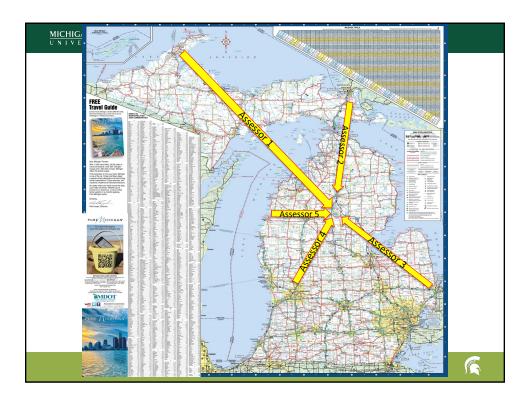








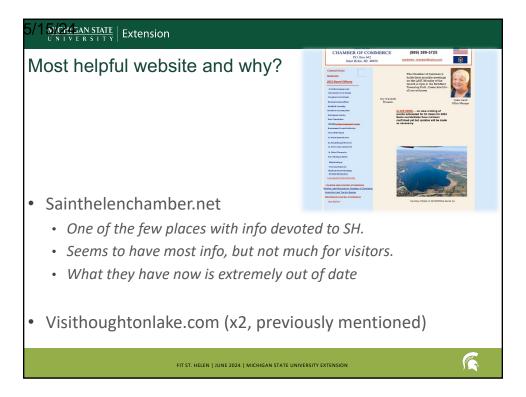




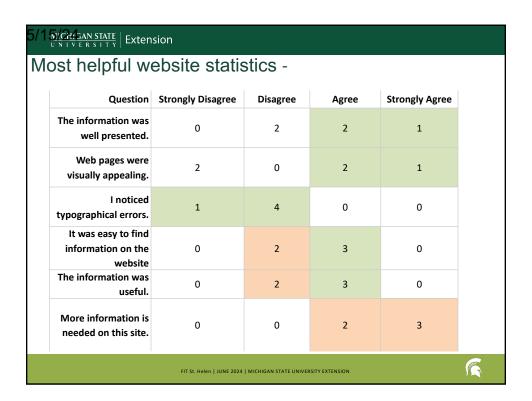












First 5-minute impressions

- When I first arrived in St. Helen, I thought that it was a small up-north community. There seemed to be some appealing places to stop as I drove through but also wasn't a place that I was feeling like I would have needed to spend a lot of time in. Seemed like a place a lot of people might just pass through on their way to ORV trails or other activities. I noticed the number of side by sides and ORV in the area and it seemed that was the primary audience the community is catering to.
- Wow, this is a town devoted to Offroading, hunting, fishing, and naturebased activities! Sure, it isn't the most pristine of places, but it has everything for a good old-fashioned week in the woods.



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First 5-minute impressions –





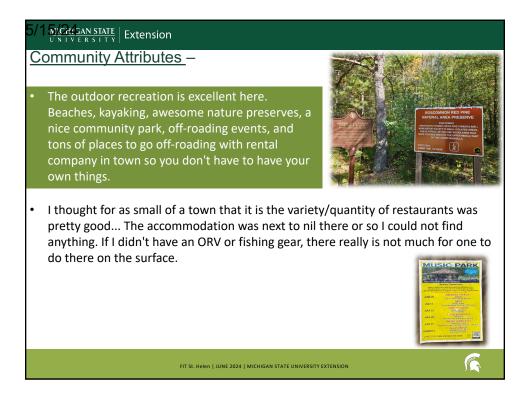
- It seems that unless I have a boat to fish on Lake St. Helens or a quad to get on the trails, there is little to do here. Downtown is not walkable and so I am not inclined to stop here. Signs directing to the waterfront were hard to spot the first time through town. Had to consult with Google maps to find my way to waterfront parks.
- Not good. Confederate flag and many other flags that indicated certain people may not be welcome in the area....Not much in the way of retail or restaurants that would entice somebody to stop. Not really a downtown at all. It's like an intersection.











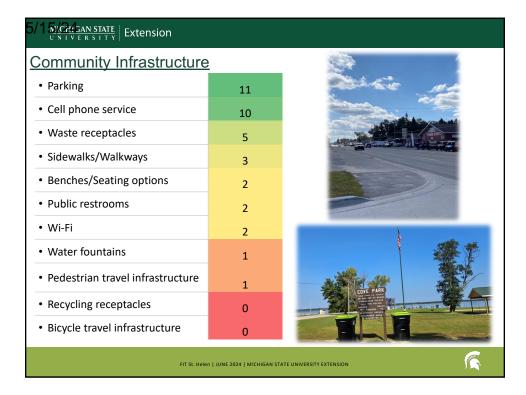
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Community Attributes -

Signage to the waterfront parks/boat access could be improved. Signage from
when leaving the parks, directing people back to St. Helen could also be improved.
The two accommodations I found seemed to both be related to trail networks, and
their Facebook/websites were not inviting. Shopping options were limited, so I
didn't shop, although the dollar store was one of the more inviting with attractive
landscaping.

 I was going to stay in St. Helen for the assessment, but I could not find lodging. There are a couple of places, but they seem hyper-targeted at the ATV crowd and do not have websites or even good Facebook pages.





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Community Infrastructure-

- I didn't notice much pedestrian or bike infrastructure in the community and where there were sidewalks they weren't well maintained or established. This was not a community that I really wanted to walk around in.
- Not a lot of great walking infrastructure, but roads are wide with wide shoulders and are best suited to allow ATVs and other off-road vehicles to get around town easily without disrupting traffic.
- It does not appear that bike/pedestrian infrastructure (including benches or seating) is a priority.





5/1	Downtown Business Street	s Area
•	Parking charges are reasonable	14
•	Parking is secure	12
•	Customers are greeted warmly when they walk through the door	11
•	There are areas of green space	9
•	Parking is centrally located	8
•	Flags/banners are displayed on the exterior of businesses	7
•	There is a gateway point to enter/leave town (piece of art, mural, sign, etc.)	7
•	This is a welcoming place	6
•	The grounds have been landscaped with flowers, trees, shrubs, and bushes	5
•	The downtown business area is handicapped accessible	5
•	There is a mix of ages	5
•	Walking sidewalks are well maintained	4
•	The main downtown business area is a major tourist draw for the area	4
•	Hanging baskets are displayed on the exterior of businesses	3
•	The main downtown business area feels distinct or special	3
•	Vehicle traffic is managed to encourage pedestrian movement, via foot or bike	2
•	There is pedestrian traffic (foot and bike)	2
•	There are walker/biker friendly signs	1
•	Bike lanes exist on roadways	1
•	There is a mix of ethnic groups	1
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- · The downtown is auto-centric.
- Paved shoulders provide little security and are not inviting for pedestrians as they can feel the "woosh" of the cars going by.
- On the right side, there are items displayed within the road right of way, crowding the road and making it impossible for pedestrians to walk on that side of the road.
- <u>Solution</u> An inviting sidewalk system would require intentional changes to the zoning ordinance and master plan.

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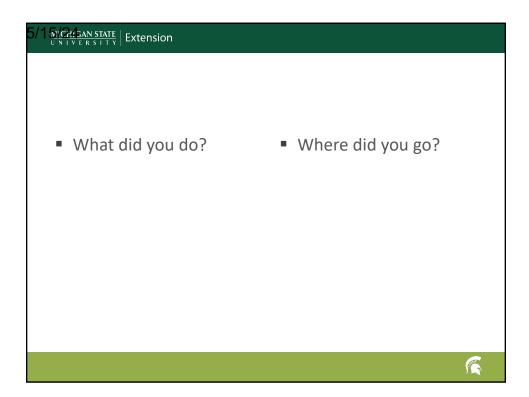
I enjoyed visiting the Cove Park—it seems that way-finding signs at this intersection (leaving the park) would be helpful to navigate back to St. Helen downtown.



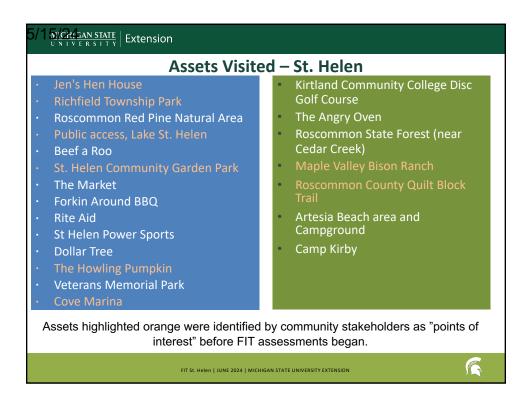
If there are ever new bike racks installed or there is a need to move these racks within the park, I would suggest moving them closer to the play area.

















- Who created and posted this list, and what is their intention?
- Are St. Helen leaders promoting these assets?
- I wonder how this list can be replicated on (their) websites, throughout SH using larger signages, and replicated in other communities?

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Feeling of being welcomed – 80% said Yes!

- · I felt welcome in local businesses...
- People talked to me and didn't stare like I was an intruder.
- I appreciated the interaction I got at Forkin' Around.





- This was a highlight of my visit in St. Helen. The staff was friendly, and the food was good. I sat outside here on a sunny day and enjoyed chicken BBQ and slaw. The business had an inviting flag out front that caught my attention and I appreciated the humor in the name.
- The presence of the Confederate Flag on one resident's porch is to blame for lack of feeling welcomed!



What will you remember most six months from now?

- · Friendly people
- Beautiful trails
- · The Confederate flag
- Community Garden Park
- That I need a boat or ORV to experience St. Helen
- The healthy appearance of the town despite its size
- 3- or 4-dollar stores within a couple miles of each other









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Are there specialty shops, attractions or assets that would bring you back to visit?

- 1. It would be fun to visit and rent a side-by-side to explore ORV trails in the area
- 2. ORV Trails
- 3. In general, I might pass through here from time to time to see how things progress. It was a fascinating little town, but not much to draw me back unless they expand their offerings



If you could change one or two reasonable things about this community, what would it be?

- A Brewery
- · A (visible) community space
- More/better signs at/to Cove Park
- · Better/more sidewalk infrastructure
- A new website highlighting SH assets
- · A trail system going N/S to Village of Rosco
- Working with residents to not to display certain flags









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What additional activities/facilities/services would you suggest to be offered in this community?

- Connect SH to a Rosco County "Loop"
- Signage to next community
- More public access
- · More food variety
- Better sidewalks (x2)
- Connection between businesses
- Cleaned up downtown
- Designated/marked ORV trails throughout town
 - · separate from sidewalks
- More info available Chamber
 - · outside and website
- Designated area to get maps, directions of the area
 - · very disorientating

- Better lodging options
- Mountain Biking trails
- Kayak/SUP/Canoe/Boat rental
- Guided trips of the area
 - Glamping and BBQ with...
- Learn-to-clinics
 - · fish, drive a quad, shoot







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30,000 Foot Suggestions

- Elevate "The Loop" concept as advertised on 75N
- Get communities to buy into it as a regional county effort
- Use concept to develop 1-, 2-, and 3day+ itineraries
- Use itineraries to develop new ideas, themes, cuisines
- Link communities together visually by story, trails, history, distances, activities, etc.



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Recreation

- Increase mountain bike and non-motorized trail infrastructure
- Mountain bike trails would add another layer of outdoor rec.
- More lake access wherever possible.
- Consider adding recreational opportunities, like SUP, disc golf, to suite of possibilities-increase YouTube presence for those sports
- Enhance MTB users/bikers

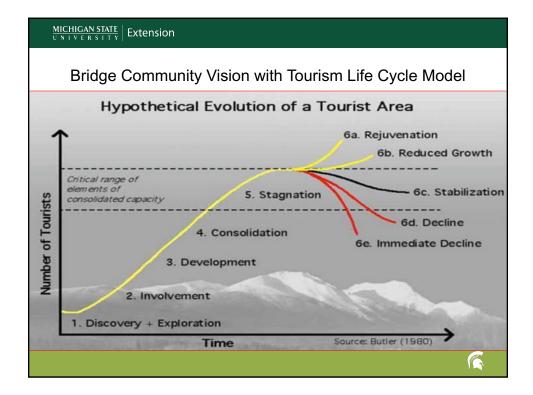




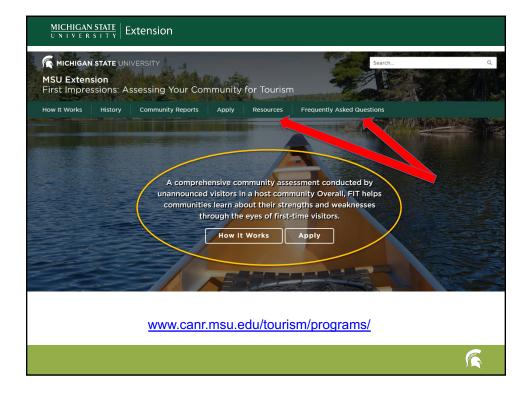
Additional thoughts...

- Decide now what you want to be/become and plan
- Huge opportunities here to reach new diverse groups & trail users
- A lot of potential for diverse tourism development if planned for properly
- Pursue a sustainable path to contain/manage growth in a strategic manner that maintains character, limits congestion, and achieves community goals

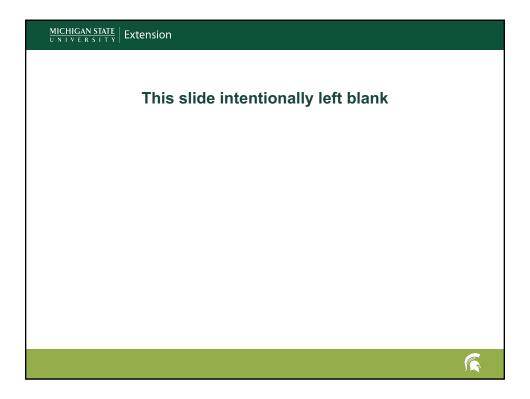












Next Steps for FIT Communities

- Consult the FIT Community Next Steps manual provided to your Community Leadership Team (CLT).
- Learn from other FIT communities as to what is achievable by reviewing "FIT Successes Report-April 2021 Edition" https://www.canr.msu.edu/resources/fit-successes-report-april-2021-edition
- Consider exploring the raw data further and identifying parts of the results to act.
- Facilitate discussions with private sector assets visited during the assessment and share asset reviews with each stakeholder and/or department.
- Schedule a public discussion meeting between the CLT, local leaders, and active citizens of all ages, abilities, and backgrounds.
- Review your community's result and discuss strategies to work together.
- Search out low-hanging tourism-related projects from list of results, picking one or two items that can be accomplished immediately and ensure their completion.
- Schedule a follow-up discussion with MSU Extension Government and Community Vitality/Tourism educators to facilitate your next steps if you need assistance.
 Contact MSU Extension Statewide Tourism Educator, Andy Northrop – northro5@msu.edu

Available Funding and Grants

- MI Economic Development Corporation Public Spaces Community Places https://www.miplace.org/programs/public-spaces-community-places/
- Match on Main https://www.miplace.org/small-business/match-on-main/
- United States Department of Agriculture-Rural Development Grants https://www.rd.usda.gov/programs-services/all-programs
- Michigan Arts and Humanities, Michigan Council for Arts and Cultural Affairs (MCACA)
- Arts Midwest (Touring Gig Fund), National Endowment for the Arts
- Community Foundations and/or individual Foundation funds (example: Dow in Midland)
- Business/Corporate sponsorships (example: MI Sugar Trails http://www.sblc-mi.org/michigan-sugartrails.html)
- Crowd Funding, Individual donations / sponsorships (Lions Club, Rotary Club, etc.)